



1. This is a great project to do just before bath time with your one, two or three year old.



2. Here are all the materials. You need nontoxic paint, a large piece of paper, paper plates with one color in each, a bucket of warm water in which to rinse your hands between colors and your bath tub or shower.



3. Put the paper and your child in the tub. If there is much resistance make another attempt at a later time. You may have to gradually build up to painting so he or she will be confident around art supplies.



4. Put your hand in one of the colors and print it on the paper as a demonstration for your child. Repeat if it helps your child become interested in mimicking you.



4. Offer a plate of color to your child or dip his or her hands into the paint and assist them to print their hands on the paper. Have them rinse their hands off after each color.



5. Repeat this process until you have finished a painting you like or use another piece of paper to make more than one painting.



6. Take the painting supplies out of the tub, run the water till the temperature is right and take a shower with your little mess.



7. There is a masterpiece you can display and keep as a record of your little one's development and the fantastic projects you make together.